



**Camper Health  
History Form 1**  
(To be completed by  
Parent or Guardian)

Camper Name: \_\_\_\_\_  
(Last Name) (First Name) (Middle Initial)

Date of Birth: \_\_\_\_\_  
(MM/DD/YY)

**General Health History:**

Check "Yes" or "No" for each statement. Explain "Yes" answers below.

Has/does the camper:

- |                                                   |                              |                             |                                                         |                              |                             |
|---------------------------------------------------|------------------------------|-----------------------------|---------------------------------------------------------|------------------------------|-----------------------------|
| 1. Ever been hospitalized/had surgery?            | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 13. Had back/joint problems?                            | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Have recurrent/chronic illnesses?              | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 14. Had history of fractures/sprains?                   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Had a recent infectious disease?               | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 15. Had mononucleosis/mono during the past 12 months?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Had a recent injury?                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 16. If female, have problems with periods/menstruation? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Had asthma/wheezing/ shortness of breath?      | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 17. Have problems with falling asleep/sleepwalking?     | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Have diabetes?                                 | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 18. Have history of bedwetting?                         | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Had epilepsy/seizures?                         | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 19. Have problems with diarrhea/constipation?           | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. Had headaches/migraines?                       | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 20. Had skin sensitivities/eczema/psoriasis?            | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 9. Wear glasses, contacts, or protective eyewear? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 21. Traveled outside the country in the past 9 months?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 10. Had fainting/dizziness/vertigo?               | <input type="checkbox"/> Yes | <input type="checkbox"/> No |                                                         |                              |                             |
| 11. Has ever had a concussion?                    | <input type="checkbox"/> Yes | <input type="checkbox"/> No |                                                         |                              |                             |
| 12. Passed out/chest pain during exercise?        | <input type="checkbox"/> Yes | <input type="checkbox"/> No |                                                         |                              |                             |

***Please explain the "Yes" answers on the space below. For Travel outside the country, please name the countries visited and dates of travel:***

**Mental, Emotional, and Social Health:**

Check "Yes" or "No" for each statement. Explain "Yes" answers below.

Has the camper:

- |                                                                                                                                                                                                          |                              |                             |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------|
| 22. Ever been treated for Attention Deficit Disorder (ADD)/Attention Deficit/Hyperactivity Disorder (ADHD)?                                                                                              | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 23. Ever been treated for Anxiety, depression, Bipolar disorder, or emotional or behavioral difficulties?                                                                                                | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 24. Ever been treated for an eating disorder?                                                                                                                                                            | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 25. During the past 12 months, seen a professional to address mental/emotional health concerns?                                                                                                          | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 26. Had a significant life event that continues to affect the camper's life?<br>(History of abuse, death of a loved one, family change, adoption, foster care, new sibling, survived a disaster, others) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

***Please explain the "Yes" answers on the space below***

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**What Have We Forgotten to Ask?**

Please provide in the space below any additional information about the camper's health that you think important or that may affect the camper's ability to fully participate in the camp program.

**Restrictions:**

- I have reviewed the program and activities of the camp and feel the camper can participate in camp activities without restrictions.
- I have reviewed the program and activities of the camp and feel the camp the camper can participate in camp activities with the following restrictions  
(Please Specify):

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**Immunization Attestation**

The date of my camper's last tetanus shot was: \_\_\_\_\_  
(Month/Year)

I hereby attest that all immunizations required for school are up to date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
(Month/Day/Year)

\_\_\_\_\_  
Relationship

**Parent/Guardian Authorization for Health Care:**

This health history is correct and accurately reflects the health status of the camper to whom it pertains. The person described has permission to participate in all camp activities except as noted by me and/or an examining physician. I give permission to the physician selected by the camp to order x-rays, routine tests, and treatment related to the health of my child for both routine health care and in emergency situations. If I cannot be reached in an emergency, I give my permission to the physician to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for this child. I understand the information on this form will be shared on a "need to know" basis with camp staff. I give permission to photocopy this form. In addition, the camp has permission to obtain a copy of my child's health record from providers who treat my child and these providers may talk with the program's staff about my child's health status.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
(Month/Day/Year)

\_\_\_\_\_  
Relationship